

[Flushing NYC Bakery Tour | A Full Day of Bakery Hopping in New York with JUST \\$20!](#)

| Chinese | Jyutping | English |
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| Hello 大家好 | Hello, daai6-ga1 hou2 | Hello everyone |
| 歡迎你哋嚟到 Inspirlang | fun1-jing4 nei5-dei6 lei4 dou3 Inspirlang | Welcome to Inspirlang |
| 我係 Jade | ngo5 hai6 Jade | I am Jade |
| 上一次我哋拍咗唐人街嘅小食遊 | soeng6 jat1-ci3 ngo5 dei6 paak3 zo2 tong4-jan4 gaai1 ge3 siu2-sik6 jau4 | Last time we filmed a food tour video in Chinatown |
| 好多人都好鍾意 | hou2 do1 jan4 dou1 hou2 zung1-ji3 | A lot of people enjoyed it |
| 噉我哋今日決定咗拍一個續集 | gam2 ngo5-dei6 gam1-jat6 kyut3-ding6 zo2 paak3 jat1- go3 zuk6-zaap6 | So today we decided to film a sequel |
| 就係嚟到法拉盛食唐人嘅餅鋪嘅嘢 | zau6 hai6 lei4 dou3 faat3-laai1- sing2 sik6 tong4-jan4 ge3 beng2-pou3 ge3 je5 | Which is coming to eat at Flushing's Chinese bakeries |
| 唔知大家知唔知道 | m4 zi1 daai6-gaa1 zi1 m4 zi1- dou6 | Not sure if everyone knows |
| 其實法拉盛係我哋係紐約市區裡面算係比較多唐人居住嘅地方 | kei4-sat6 faat3-laai1-sing2 hai6 ngo5-dei6 hai2 nau2-joek3 si5- keoi1 leoi5-min6 syun3 hai6 bei2-gaa3 do1 tong4-jan4 geoi1-zyu6 ge3 dei6-fong1 | Actually Flushing is a heavy Chinese residential area |
| 第一個係唐人街 | dai6-jat1 go3 hai6 tong4-jan4 gaa1 | The first one is Chinatown |
| 然後仲有布碌倫嘅八大道 | jin4-zi1-hau6 zung6 jau5 bou3- luk1-leon4 ge3 baat3 daai6- dou6 | Then there is 8 th Ave in Brooklyn |
| 而家都擴展到好多唔同嘅社區 | ji4-gaa1 dou1 kwong3-zin2 dou3 hou2 do1 m4 tung4 ge3 se5-keoi1 | Now it is expanded to many different communities |

Commented [IU1]: embed link to chinatown food tour video

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| 法拉盛係皇后區裡面 比較大嘅一個唐人社 區 | faat3-lai1-sing2 hai6 wong4- hau6 keoi1 leoi5-min6 bei2- gaa3 daai6 ge3 jat1-go3 tong4-jan4 se5-keoi1 | Flushing is a relatively big Chinese community in Queens (borough) |
| 呢度有好多...唐人 | ni1-dou6 jau5 hou2 do1 ... tong4-jan4 | Here there are many ... Chinese people |
| 好多人 | hou2 do1 jan4 | Or many people |
| 同埋好多嘢食 | tung4-mai4 hou2 do1 je5- sik6 | And a lot of food |
| 事不宜遲 | si6 bat1 ji4 ci4 | Without further ado |
| 我哋嚟即刻試下 Angie 幫我哋揀嘅唐 人餅舖啦 | ngo5-dei6 lei4 zik1-hak1 si3 haa5 Angie bong1 ngo5-dei6 gaan2 ge3 tong4-jan4 beng2- pou2 laa1 | Let's try some Chinese bakeries that Angie picked for us |
| 我哋而家嚟到咗我哋今 日嘅第一站 | ngo5-dei6 ji4-gaa1 lei4 dou3 zo2 ngo5-dei6 gam1-jat6 ge3 dai6-jat1 zaam6 | Now we arrived at our first destination for today |
| 就係『阿波羅餅舖』 | zau6 hai6 "aa3-bo1-lo4 beng2- pou2" | which is Apollo Bakery |
| 由於呢間店實在係太細 喇 | jau4-jyu1 ni1-gaan1 dim3 sat6- zoi6 hai6 taai3 sai3 laa3 | Since the storefront is really too small |
| 我哋幾乎 | ngo5-dei6 gei1-fu4 | We almost- |
| 我哋直頭錯過咗 | ngo5-dei6 zik6-tau4 co3-gwo3 zo2 | we basically missed it |
| 行咗好遠路 | haang4 zo2 hou2 jyun5 lou6 | (We) walked much further |
| 而家返返嚟 | ji4-gaa1 faan1 faan1-lei4 | (and) now walked back |
| 我哋而家試下裡面啲嘢 食 | ngo5-dei6 ji4-gaa1 si3-haa6 leoi5-min6 di1 je5-sik6 | Let's try the food inside! |
| 呢間舖真係好逼。 | ni1-gaan1 pou3 zan1 hai6 hou2 bik1. | This store is quite narrow. |
| 入面就只係一條巷子。 | jap6-min6 zau6 zi2-hai6 jat1- tiu4 hong2 zai2. | There is only a hallway inside. |

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| 麵包品種都幾多㗎 | min6-baau1 ban2-zung2 dou1 gei2 do1 gaa3 | There is quite a variety of pastries. |
| 主要係有好多普通麵包店有嘅口味。 | zyu2-jiu3 hai6 jau5 hou2 do1 pou2-tung1 min6-baau1 dim3 mou5 ge3 hau2-mei6. | It mainly has many flavors that other normal bakeries don't have |
| 佢哋都有好多種多士。 | keoi5-dei6 dou1 jau5 hou2 do1 zung2 do1-si2. | They also have many different types of toasts |
| 因為冇位坐我哋會喺下一間舖一齊試食。 | jan1-wai6 mou5 wai2 co5 ngo5-dei6 wui5 hai2 haa6 jat1- gaan1 pou3 jat1-cai4 si3 | Because there was no seat, we will try them at the next bakery. |
| 我哋而家嚟到咗今日嘅第二站喇 | ngo5-dei6 ji4-gaa1 lei4 dou3 zo2 gam1-jat6 ge3 dai6-ji6 zaam6 laa3 | Now we have arrived at our second destination of the day |
| 彩虹烘培 | coi2-hung4 hung3-pui4 | Rainbow Bakery |
| 英文名叫做 Rainbow Bakery | jing1-man4 meng2 giu3 zou6 Rainbow Bakery | Its English name is Rainbow Bakery |
| 我哋而家即刻入去試下啦 | ngo5-dei6 ji4-gaa1 zik1-hak1 jap6-heoi3 si3 haa5 laa1 | Now let's go and try it out |
| 呢間舖比起阿波羅要大好多。 | ni1-gaan1 pou3 bei2-hei2 aa3- bo1-lo4 jiu3 daai6 hou2 do1. | This store is a lot bigger than Apollo. |
| 裡面嘅氣氛都幾好。 | leoi5-min6 ge3 hei3-fan1 dou1 gei2 hou2. | The atmosphere inside is pretty good too |
| 人流唔會一下子好密。 | jan4-lau4 m4 wui5 jat1-haa5- zi2 hou2 mat6. | It doesn't get too crowded at a time. |
| 可以慢慢行慢慢揀想要嘅麵包。 | ho2-ji5 maan6-maan2 haang4 maan6-maan2 gaan2 soeng2 jiu3 ge3 min6-baau1. | We can take our time to walk around and choose the pastries we want. |
| 麵包嘅品種好多好多， | min6-baau1 ge3 ban2-zung2 hou2 do1 hou2 do1 | There are many types of pastries |
| 多到同阿波羅都有得揮㗎！ | do1 dou3 tung4 aa3-bo1-lo4 dou1 jau5 dak1 fai1 gaa3! | As many as Apollo! |

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| 真係眼花繚亂到我哋都唔知應該食咩。 | zan1-hai6 ngaan5-faa1-liu4-lyun6 dou3 ngo5-dei6 dou1 m4 zi1 jing1-goi1 sik6 me1. | We are dazzled by the choices and don't know what to eat |
| 除咗麵包佢哋仲有蛋糕，糯米糍，果仁撻，同月餅。 | ceoi4-zo2 min6-baau1 keoi5-dei6 zung6 jau5 daan6-gou1, no6-mai5-ci4, gwo2-jan4 taat1, tung4 jyut6-beng2. | Besides buns, they also have cakes, mochi, pecan tarts, and mooncakes. |
| 櫃檯仲有好多種飲品可以點。 | gwai6-toi2 zung6 jau5 hou2 do1 zung2 jam2-ban2 ho2-ji5 dim2. | The counter also has many beverages made to order |
| 你哋呢度咩係最多人買㗎？ | nei5-dei6 ni1-dou6 me1 hai6 zeoi3 do1 jan4 maai5 gaa3? | What is the most popular (pastry) from you guys? |
| 麻薯 | maa4-syu4 | Mashu |
| 即係 mochi 係咪？ | zik1-hai6 mochi hai6 mai6? | Is that mochi? |
| 麻薯係咪即係糯米糍？ | maa4-syu4 hai6-mai6 zik1-hai6 no6-mai5-ci4? | Is mashu the same as mochi? |
| 嗰度嗰啲一包包嘅 | go2-dou6 go2-di1 jat1 baau1 baau1 ge3 | The small packages over there |
| 平時邊啲係少人買㗎？ | ping4-si4 bin1-di1 hai6 siu2 jan4 maai5 gaa3? | Which ones are least popular? |
| 有冇呀？ | jau5 mou5 aa3? | Is there any? |
| 邊種係比較少人買㗎？ | bin1-zung2 hai6 bei2-gaa3 siu2 jan4 maai5 gaa3? | Which ones are least popular? |
| 少人買㗎，冇呀 | siu2 jan4 maai5 gaa3, mou5 aa3 | Least popular? Not really |
| 全部都賣晒 | cyun4-bou6 dou1 maai6 saai3 | So everything is usually sold out |
| 我哋睇下，唔該你呀 | ngo5-dei6 tai2 haa5, m4-goi1 nei5 aa3 | We will take a look, thank you. |
| 唔好賣嘅嗰啲而家唔做 | m4 hou2-maai6 ge3 go2-di1 ji4-gaa1 m4 zou6 | We don't really make the less popular ones now |
| 因為疫情 | jan1-wai6 jik6-cing4 | because of the pandemic |

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| 經過一段時間嘅選擇困難症， | ging1-gwo3 jat1-dyun6 si4-gaan3 ge3 syun2-zaak6 kwan3-naan4 zing3, | After a long period of indecisive disorder |
| 我哋終於揀咗兩種麵包。 | ngo5-dei6 zung1-jyu1 gaan2 zo2 loeng5-zung2 min6-baau1. | We finally picked out two breads. |
| 一種鹹嘅，一種甜嘅 | jat1 zung2 haam4 ge3, jat1 zung2 tim4 ge3 | One savory, and one sweet |
| 其實我哋應該先擺盤同夾 | kei4-sat6 ngo5-dei6 jing1-goi1 sin1-lo2 pun4 tung4 gep2 | Actually we should've grabbed the tray and tong first. |
| 再去擺麪包 | zoi3 heoi3 lo2 min6-baau1 | And then grab the pastries. |
| 哈哈，擺烏龍 | haa1 haa1, baai2 wu1-lung2 | Haha, we screwed up. |
| 唔好學我哋呀！ | m4 hou2 hok6 ngo5-dei6 aa3! | Don't do what we do. |
| 我哋揀嘅係藍莓菠蘿麵包同奶酪包。 | ngo5-dei6 gaan2 ge3 hai6 laam4-mui2 bo1-lo4 min6-baau1 tung4 naai5-lok3 baau1. | We chose a blueberry pineapple bread and yogurt roll. |
| 睇起上嚟幾好味。 | tai2 hei2 soeng5-lei4 gei2 hou2-mei6. | Looks pretty delicious. |
| 去畀錢喇。 | heoi3 bei2 cin2 laa3. | Going to pay. |
| 價錢唔算好貴。 | gaa3-cin4 m4 syun3 hou2 gwai3. | The prices are not too expensive. |
| 對於呢種少見嘅麵包口味， | deoi3-jyu1 ni1-zung2 siu2-gin3 ge3 min6-baau1 hau2-mei6, | As for these uncommon bread flavors, |
| 睇法拉盛價錢算係幾公道㗎喇。 | hai2 faat3-laai1-sing2 gaa3-cin4 syun3 hai6 gei2 gung1-dou6 gaa3 laa3. | These prices in Flushing can be seen as pretty fair. |
| 我哋而家嚟試下第一間餅鋪嘅綠茶紅豆 | ngo5-dei6 ji4-gaa1 lei4 si3 haa5 dai6-jat1-gaan1 beng2- | Let's try the green tea and red bean (bun) from the first bakery |

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| | pou2 ge3 luk6-caa4 hung4-dau2 | |
| 係阿波羅嘅 | hai6 aa3-bo1-lo4 ge3 | Apollo Bakery |
| 跟住我哋再試下嚟呢度買嘅 | gan1-zyu6 ngo5-dei6 zoi3 si3 haa5 hai2 ni1-dou6 maai5 ge3 | Then we will try the ones bought from here |
| 芋頭 | wu6-tau2 | Taro |
| 藍莓菠蘿包 | laam4-mui2 bo1-lo4 baau1 | Blueberry pineapple bun |
| 我哋試下先啦！ | ngo5-dei6 si3 haa5 sin1 laa1! | Let's try first |
| 一號選手係阿波羅麵包嘅綠茶紅豆麻薯包 | jat1-hou6 syun2-sau2 hai6 aa3-bo1-lo4 min6-baau1 ge3 luk6-caa4 hung4-dau2 maa4-syu4 baau1 | Contestant number one is Apollo Bakery's Green Tea Red Bean Mochi Bread |
| (個名都幾長)。 | (go3 meng2 dou1 gei2 coeng4). | (Kind of a long name). |
| 上面你可以睇到有一層綠茶酥皮。 | soeng6-min6 nei5 ho2-ji5 tai2 dou3 jau5 jat1-cang4 luk6-caa4 sou1-pei2. | You can see there is a layer of green tea crumble on top. |
| 入面夾住一層麻薯同一層豆沙。 | jap6 min6 gep6-zyu6 jat1-cang4 maa4-syu4 tung4 jat1-cang4 dau6-saa1. | There is a layer of mochi and red bean inside. |
| 麵包身唔係好軟。 | min6-baau1 san1 m4 hai6 hou2 jyun5. | The bread body is not too soft. |
| 應該會比較韌。 | jing1-goi1 wui5 bei2-gaa3 jin1-ngan6. | It should be a little chewy. |
| 同普通嘅菠蘿包嘅區別就係 | tung4 pou2-tung1 ge3 bo1-lo4 baau1 ge3 keoi1-bit6 zau6 hai6 | The difference (between this) and a regular pineapple bun is |
| 有多少少嘅抹茶味 | jau5 do1 siu2 siu2 ge3 mut3-caa4 mei6 | This one has a little matcha flavor |
| 同埋裡面係有 | tung4-maa4 lei5-min6 hai6 jau5 | And inside there is |
| 睇下 | tai2 haa5 | Take a look |

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| 係有一層紅豆沙嘅嘢 | hai6 jau5 jat1-cang4 hung4-dau6 saa1 ge3 je5 | A layer of red bean paste fillings |
| Okay 啦 | Okay laa1 | It's okay. |
| 二號選手係彩虹烘焙嘅藍莓菠蘿麵包。 | ji6-hou6 syun2-sau2 hai6 coi2-cung4 hung3-pui4 ge3 laam4-mui2 bo1-lo4 min6-baau1. | Contestant number two is Rainbow Bakery's Blueberry Pineapple Bread. |
| 上面係一層薄薄嘅酥皮， | soeng6-min6 hai6 jat1-cang4 bok6-bok6 ge3 sou1-pei2, | There is a very thin layer of crumble on top. |
| 酥皮上面係一層奶油， | sou1-pei2 soeng6-min6 hai6 jat1-cang4 naai5-jau4, | On top of the crumble is a thick layer of whipped cream. |
| 奶油上面有一層厚厚嘅椰絲。 | naai5-jau4 soeng6-min6 jau5 jat1-cang4 hau5-hau5-dei2 ge3 je4-si1. | On top of the whipped cream is a thick layer of coconut shreds. |
| 椰絲上面有一啲藍莓果醬。 | je4-si1 soeng6-min6 jau5 jat1-di1 laam4-mui2 gwo2-zoeng3. | On top of the coconut shreds is a little bit of blueberry jam. |
| 麵包入面夾住一啲奶油。 | min6-baau1 jap6-min6 gep6 zyu6 jat1 di1 naai5-jau4. | The bread has a bit of cream on the inside. |
| 麵包身比阿波羅嘅軟。 | min6-baau1 san1 bei2 aa3-bo1-lo4 ge3 jyun5. | The bread body is softer than Apollo's. |
| 入面好似有花生 | jap6-min6 hou2-ci5 jau5 faa1-saang1 | It seems like there's peanut inside |
| 有少少似糯米糍 | jau5 siu2 siu2 ci5 no6-mai5-ci4 | It is a little similar to mochi |
| 第二輪大戰我哋有阿波羅嘅奶酥菠蘿麵包同彩虹烘焙嘅奶酪包。 | dai6-ji6 leon4 daai6-zin3 ngo5-dei6 jau5 aa3-bo1-lo4 ge3 naai5-sou1 bo1-lo4 min6-baau1 tung4 coi2-hung4 | The second round we have Apollo Bakery's Milk Crumble Pineapple Bread and Rainbow Bakery's Yogurt Roll. |

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| | hung3-pui4 ge3 naai5-lok3 baau1. | |
| 我哋首先切嘅係奶酥菠蘿麵包。 | ngo5-dei6 sau2-sin1 cit3 ge3 hai6 naai5-sou1 bo1-lo4 min6- baau1. | We first cut the Milk Crumble Pineapple Bread. |
| 一切就感受到麵包身比較厚實。 | jat1-cit3 zau6 gam2-sau6 dou2 min6-baau1 san1 bei2-gaa3 hau5-sat6. | Once cut we can feel that the bread is rather dense. |
| 如果你鍾意比較鬆嘅麵包，阿波羅麵包店可以考慮下嘍。 | jyu4-gwo2 nei5 zung1-ji3 bei2- gaa3 jin1-ngan6 ge3 min6- baau1, aa3-bo1-lo4 min6- baau1 dim3 ho2-ji5 haa2- lei6 haa5 gaa3. | If you like your bread to be on the chewier side, Apollo Bakery can be taken into consideration. |
| 奶酥菠蘿包同普通菠蘿包嘅區別在於 | naai5-sou1 bo1-lo4 baau1 tung4 pou2-tung1 bo1-lo4 baau1 ge3 keoi1-bit6 zoi6-jyu1 | Milk Crumble Pineapple Bread and regular Pineapple Bread's difference lies in that |
| 奶酥菠蘿包裡面有一層好厚嘅奶酥夾心同一啲紅豆夾心。 | naai5-sou1 bo1-lo4 baau1 lei6-min6 jau5 jat1-cang4 hou2 hau5 ge3 naai5-sou1 gaap3-sam1 tung4 jat1-di1 hung4-dau2 gaap3-sam1. | Milk Crumble Pineapple Bread has a thick layer of milk crumble and a thin layer of red bean filling in the middle. |
| 上面嘅酥皮比普通菠蘿包要厚一啲。 | soeng6-min6 ge3 sou1-pei2 bei2 pou2-tung1 bo1-lo4 baau1 jiu3 hau5 jat1-di1. | The crumble layer on top is a little thicker than that of a regular pineapple bun. |
| 一啖咬落去有好濃厚嘅奶酥味。 | jat1-daam6 ngaau5 lok6-heoi3 jau5 hou2 nung4-hau5 ge3 naai5-sou1 mei6. | You can taste a strong taste of savory milk crumble as soon as the first bite. |
| 奶味好重 | naai5 mei6 hou2 cung5 | The taste of milk is very strong. |

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| 有啲啲嘅鹹味嚟溫和佢 整體嘅甜味 | jau5 di1-di1 ge3 haam4 mei6 lei4 wan1-wo4 keoi5 zing2 tai2 ge3 tim4 mei6 | There is a little bit of a salty taste to harmonize the overall sweetness. |
| 如果你鍾意奶酥嘅話可 能就會鍾意啲 | jyu4-gwo2 nei5 zung1-ji3 naai5-sou1 ge3 waa2 ho2- nang4 zau6 wui5 zung1-ji3 di1 | If you like milk crumbles, you might like it more. |
| 而家我哋要食嘅係我最 期待嘅奶酪包。 | ji4-gaa1 ngo5-dei6 jiu3 sik6 ge3 hai6 ngo5 zeoi3 kei4-doi6 ge3 naai5-lok3 baau1. | Now we are going to eat the yogurt roll, which I looked forward to the most. |
| 呢個係我哋試過嘅麵包 入面麵包身最軟嘅。 | ni1-go3 hai6 ngo5-dei6 si3 gwo3 ge3 min6-baau1 jap6- min6 min6-baau1 san1 zeoi3 jyun5 ge3. | This one has the softest bread body out of all the breads we have tried. |
| 搵開就可以睇到好似雲 一樣嘅質感。 | mit1-hoi1 zau6 ho2-ji5 tai2 dou2 hou2-ci5 wan4 jat1- joeng6 ge3 zat1-gam2. | As we rip it open we can see the cloud like texture. |
| 麵包嘅表面有一層薄薄 嘅焗芝士。 | min6-baau1 ge3 biu2-min6 jau5 jat1-cang4 bok6-bok6 ge3 guk6 zi1-si2 | The bread exterior has a light layer of melted cheese. |
| 佢哋仲加咗一啲西芹 碎。 | keoi5-dei6 zung6 gaa1 zo2 jat1-di1 sai1-kan2 seoi3. | They also added a bit of celery flakes on top. |
| 仲夾住一啲奶酪餡。 | zung6 gep6-zyu6 jat1-di1 naai5-lok3 haam2. | It also has a tiny bit of yogurt filling. |
| 味道有啲似甜嘅芝士奶 酪 | mei6-dou6 jau5 di1 ci5 tim4 ge3 zi1-si2 naai5-lok3 | The taste is similar to that of a sweet cream cheese. |
| 叫做乳酪包 | giu3-zou6 jyu5-lok3 baau1 | This is called a yogurt roll |
| 真係有乳酪味嘞 | zan1 hai6 jau5 jyu5-lok3 mei6 wo3 | Really has a yogurt flavor |
| 我覺得好特別 | ngo5 gok3-dak1 hou2 dak6- bit6 | I think it is very unique |

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| 我會畀 4.5 分 | ngo5 wui5 bei2 sei3 dim2 ng5 fan1 | I will give it a 4.5 |
| 因為好特別 | jan1-wai6 hou2 dak6-bit6 | Since it is very special |
| 同埋佢冇呃我 | tung4-maai4 keoi5 mou5 aak1 ngo5 | and it didn't lie to me |
| 第三站喇而家 | dai6-saam1 zaam6 laa3 ji4-gaa1 | Third destination now! |
| 係叫做『聖瑪莉』餅舖？ | hai6 giu3-zou6 "sing3 maa5-lei6" beng2-pou2? | Is it called "Sun Mary Bakery"? |
| 精緻蛋糕店 | zing1-zi3 daan6-gou1 dim3 | Delicate cake shop |
| 我哋入去睇下 | ngo5-dei6 jap6-heoi3 tai2 haa5 | Let's go in and have a look |
| 裡面嘅麵包都係好嘢好多麵包店都可以見到嘅普通麵包。 | leoi5-min6 ge3 min6-baau1 dou1 hai6 hai2 hou2 do1 min6-baau1 dim3 dou1 ho2-ji5 gin3 dou2 ge3 pou2-tung1 min6-baau1. | The types of bread inside are common and can be seen at many bakeries. |
| 好似肉鬆包，雞尾包，同腸仔包。 | hou2-ci5 juk6-sung1 baau1, gai1-mei5 baau1, tung4 coeng2-zai2 baau1. | Like Pork Floss Bun, Cocktail Bun, and Sausage Bun. |
| 佢哋都有賣月餅，多士，同小蛋糕。 | keoi5-dei6 dou1 jau5 maai6 jyu6-beng2, do1-si2, tung4 siu2 daan6-gou1. | They also sell moon cakes, toasts, and cupcakes. |
| 佢哋仲有蒸包同芝士蛋糕。 | keoi5-dei6 zung6 jau5 zing1 baau1 tung4 zi1-si2 daan6-gou1. | They also have steam buns and cheesecake. |
| 其實呢間麵包店比較注重做蛋糕。 | kei4-sat6 ni1-gaan1 min6-baau1 dim3 bei2-gaa3 zyu3-zung6 zou6 daan6-gou1. | Actually, this bakery puts more focus on cakes. |
| 因為麵包比較普通， | jan1-wai6 min6-baau1 bei2-gaa3 pou2-tung1, | Because the bread is rather common, |
| 我哋就點咗一杯嘅麵包店比較少見嘅甜品叫雪耳桃膠糖水。 | ngo5-dei6 zau6 dim2 zo2 jat1 bui1 hai2 min6-baau1 dim3 | We ordered a cup of Snow Fungus Peach Gum |

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| | bei2-gaa3 siu2 gin3 ge3 tim4-ban2 giu3 syut3-ji5 tou4- gaa1 tong4-seoi2. | Sweet Soup that is rarely seen in bakeries. |
| 佢嘅質地比較傑。 | keoi5 ge3 zat1-dei2 bei2- gaa3 git6. | It has a rather thick texture. |
| 入面有枸杞，紅棗，桃 膠，雪耳，呢類嘅養生 食材。 | jap6-min6 jau5 gau2-gei2, hung4-zou2, tou4-gaa1, syut3-ji5, ni1-leoi6 ge3 joeng5- sang1 sik6-coi4. | Inside there are goji berries, jujube, peach gum, snow fungus, as types of health ingredients. |
| 加上因為佢係凍嘅， | gaa1-soeng2 jan1-wai6 keoi5 hai6 dung3 ge3, | Plus, since it is chilled, |
| 所以天時暑熱行街嚟一 杯都真係幾梳乎嘍。 | so2-ji5 tin1-si4 syu2-jit6 haang4-gaa1 lei4 jat1-bui1 dou1 zan1 hai6 gei2 so1-fu4 gaa3. | It is an amazing treat to have after a hot day of shopping. |
| 好似阿媽煲個嘅糖水 | hou2-ci5 aa3 maa1 bou1 go2- di1 tong4-seoi2 | It's like mom's homemade sweet soup |
| 裡面有一啲桃膠 | leoi5-min6 jau5 jat1-di1 tou4- gaa1 | There's some peach gum |
| 你有冇試過？ | nei5 jau5 mou5 si3 gwo3? | Have you ever tried it? |
| 同埋一啲雪耳 | tung4-maa1 jat1-di1 syut3-ji5 | There's also a little snow fungus |
| 佢話仲有雪燕嘞 | keoi5 waa6 zung6 jau5 syut3- jin3 wo3 | She said there's also stewed red bird's nest (popular as Chinese nourishing ingredient) |
| 我唔多信 | ngo5 m4 do1 seon3 | I don't really believe that |
| 而家我哋嚟到第四站喇 | ji4-gaa1 ngo5-dei6 lei4 dou3 dai6-sei3 zaam6 laa3 | Now we arrived at our fourth stop |
| 優貝烘培 | jau1 bui3 hung3-pui4 | U Best Bakery |
| 我哋嚟試下 | ngo5-dei6 lei4 si3 haa5 | Let's go try |

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| 一入嚟嘅氣氛都唔錯。 | jat1 jap6-lei4 ge3 hei3-fan1 dou1 m4 co3. | The atmosphere right as we walked in is pretty good. |
| 佢哋嘅麵包種類唔算太多。 | keoi5-dei6 ge3 min6-baau1 zung2-leoi6 m4 syun3 taai3 do1. | The variety of bread they have are not too wide. |
| 口味都比較普通。 | hau2-mei6 dou1 bei2-gaa3 pou2-tung1. | The flavors are rather common. |
| 但係佢哋有一啲比較健康嘅選擇畀啲嘢比較注重養生嘅客人。 | daan6-hai6 keoi5-dei6 jau5 jat1-di1 bei2-gaa3 gin6-hong1 ge3 syun2-zaak6 bei2 go2-di1 bei2-gaa3 zyu3-zung6 joeng5-sang1 ge3 haak3-jan4. | But they also have some healthier options for the more health-oriented customers. |
| 有甜嘅麵包， | jau5 tim4 ge3 min6-baau1, | There are sweet breads, |
| 例如係毛毛蟲麵包同芋頭酥麵包， | lai6-jyu4 hai6 mou4-mou4-cung4 min6-baau1 tung4 wu5-tau2 sou1 min6-baau1, | For example Caterpillar bread and Taro Pastry bread, |
| 仲有鹹嘅麵包， | zung6 jau5 haam4 ge3 min6-baau1, | And there are also savory breads, |
| 例如係雞肉三明治同香腸粟米麵包。 | lai6-jyu4 hai6 gai1-juk6 saam1-man4-zi6 tung4 hoeng1-coeng2 suk1-mai5 min6-baau1. | For example Chicken sandwich and Sausage & Corn bread |
| 佢哋仲有唔同嘅糕點、月餅、拿破崙蛋糕、 | keoi5-dei6 zung6 jau5 m4 tung4 ge3 gou1-dim2, jyu6-beng2, naa4-po3-leon4 daan6-gou1, | They also have different types of pastries, moon cakes, Napoleons, |
| 同各種各樣嘅餅乾。 | tung4 gok3-zung2-gok3-joeng6 ge3 beng2-gon1. | And many different types of cookies. |
| 佢哋有一種好少見嘅自製酸奶。 | keoi5-dei6 jau5 jat1-zung2 hou2 siu2-gin3 ge3 zi6-zai3 syun1-naai5. | They also have a type of yogurt that is rarely seen. |

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| 最得意嘅係佢哋將佢叫做 memade yogurt 而唔係 homemade yogurt。 | zeoi3 dak1-ji3 ge3 hai6 keoi-dei6 zoeng1 keoi5 giu3-zou6 memade yogurt ji4 m4 hai6 homemade yogurt. | The cutest thing is that they called it memade yogurt instead of homemade yogurt. |
| \$3.75 一支，你覺得價錢合唔合理喇？ | \$3.75 jat1-zi1, nei5 gok3-dak1 gaa3-cin4 hap6 m4 hap6-lei5 le1? | \$3.57 per bottle, do you think this price is fair? |
| 我哋最終選擇咗佢哋嘅肉鬆牛角包。 | ngo5-dei6 zeoi3-zung1 syun2-zaak6 zo2 keoi5-dei6 ge3 juk6-sung1 ngau4-gok3 baau1. | In the end, we chose their pork floss croissant. |
| 因為仲未睇其他地方見過肉鬆同牛角包合體。 | jan1-wai6 zung6 mei6 hai2 kei4-taa1 dei6-fong1 gin3 gwo3 juk6 -ung1 tung4 ngau4-gok3 baau1 hap6-tai2. | Because we have never seen the combination of pork floss and croissant at other places. |
| 所以就買嚟試下。 | so2-ji5 zau6 maai5 lei4 si3 haa5. | So we bought it for a taste. |
| 更何況每一間麵包店嘅牛角包都係唔一樣嘅。 | gang1-ho4-fong3 mui5 jat1-gaan1 min6-baau1 dim3 ge3 ngau4-gok3 baau1 dou1 hai6 m4 jat1-joeng6 ge3. | Moreover every bakery's croissant is different. |
| 睇睇呢間得唔得先。 | tai2 tai2 ni1-gaan1 dak1 m4 dak1 sin1. | Let's see if this bakery is good. |
| 肉鬆牛角包其實就係牛角包上面多咗一層肉鬆。 | juk6-sung1 ngau4-gok3 baau1 kei4-sat6 zau6-hai6 ngau4-gok3 baau1 soeng6-min6 do1 zo2 jat1-cang4 juk6-sung1. | Pork floss croissant is simply just an additional layer of pork floss on top of the croissant. |
| 肉鬆下面有一種甜嘅沙律醬。 | juk6-sung1 haa6-min6 jau5 jat1-zung2 tim4 ge3 saa1-leot2 zoeng3. | There is a type of sweetened mayonnaise underneath the pork floss. |
| 呢間嘅牛角包唔係太多層， | ni1-gaan1 ge3 ngau4-gok3 baau1 m4 hai6 taai3 do1 cang4, | This bakery's croissant does not have too many layers, |
| 牛油比較少。 | ngau4-jau4 bei2-gaa3 siu2. | Have less butter. |

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| 口感比較似普通麵包。 | hau2-gam2 bei2-gaa3 ci5 pou2-tung1 min6-baa1. | The texture is similar to that of regular bread. |
| 我覺得我都係鍾意 | ngo5 gok3-dak1 ngo5 dou1 hai6 zung1-ji3 | I think I still prefer |
| 淨係牛角包或者淨係肉鬆包 | zing6-hai6 ngau4-gok3 baau1 waak6-ze2 zing6-hai6 juk6-sung1 baau1 | Just croissant or just pork floss bun |
| 但係都幾得意 | daan6-hai6 dou1 gei2 dak1-ji3 | But it is still very cute |
| 可以試下 | ho2-ji5 si3 haa5 | Worth trying |
| 牛角包好似多咗少少肉鬆味 | ngau4-gok3 baau1 hou2-ci5 do1 zo2 siu2 siu2 juk6-sung1 mei6 | The croissant seems to have a bit pork floss flavor |
| 但係我覺得可能係因為 | daan6-hai6 ngo5 gok3-dak1 ho2-nang4 hai6 jan1-wai6 | But I think it is because |
| 通常我哋買牛角包嘅地方 | tung1-soeng4 ngo5-dei6 maai5 ngau4-gok3 baau1 ge3 dei6-fong1 | Places where we usually get croissants |
| 佢哋係專門整牛角包嘅 | keoi5-dei6 hai6 zyun1-mun4 zing2 ngau4-gok3 baau1 ge3 | They specialize in making croissants |
| 所以整得好好味 | so2-ji5 zing2 dak1 hou2 hou2- mei6 | So they make it very well. |
| 噉呢個唔係佢哋嘅專長 | gam2 ni1-go3 m4 hai6 keoi5- dei6 ge3 zyun1-coeng4 | But this one is not their forte |
| 所以整牛角包嗰陣整多少少肉鬆嘅上面 | so2-ji5 zing2 ngau4-gok3 baau1 go2-zan6 zing2 do1 siu2 siu2 juk6-sung1 hai2 soeng6-min6 | So they just put some pork floss on top when they make croissants |
| 都 ok 嘅 | dou1 ok ge3 | It is fine |
| 我哋今日食嘅嘢都好特別 | ngo5-dei6 gam1-jat6 sik6 ge3 je5 dou1 hou2 dak6-bit6 | Everything we had today is very unique. |
| 多謝你哋今日收睇我哋今日呢條片 | do1-ze6 nei5-dei6 gam1-jat6 sau1-tai2 ngo5-dei6 gam1-jat6 ni1-tiu4 pin2 | Thanks for watching our video today |

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| 同埋跟住我哋去法拉盛 | tung4-maai4 gan1-zyu6 ngo5-dei6 heoi3 faat3-laai1-sing6 | And following us to Flushing |
| 食咗咁多唔同嘅餅鋪 | sik6 zo2 gam3 do1 m4 tung4 ge3 beng2-pou2 | to try so many different bakeries. |
| 如果你哋有機會去呢啲餅鋪嘅話 | jyu4-gwo2 nei5-dei6 jau5 gei1-wui6 heoi3 ni1-di1 beng2-pou2 ge3 waa6 | If you have a chance to go to these bakeries |
| 記住嘍 Instagram 嗰度 tag 我哋 | gei3-zyu6 hai2 Instagram go2-dou6 tag ngo5-dei6 | Remember to tag us @inspirlang |
| 話畀我哋聽你哋試咗啲咩 | waa6 bei2 ngo5-dei6 teng1 nei5-dei6 si3 zo2 di1 me1 | and tell us what you tried |
| 同埋多謝你哋一直以嚟咁支持我哋嘅 | tung4-maai4 do1-ze6 nei5-dei6 jat1-zik6-ji5-lei4 gam3 zi1-ci4 ngo5-dei6 ge3 | Also thanks for continuing to support our |
| 廣東話同埋中文嘅片同內容 | gwong2-dung1-waa2 tung4-maai4 zung1-man2 ge3 pin2 tung4 noi6-jung4 | Cantonese and Chinese videos and contents |
| 希望你哋會繼續支持落去啦 | hei1-mong6 nei5-dei6 wui5 gai3-zuk6 zi1-ci4 lok6-heoi3 laa1 | I hope you will continue supporting us |
| 記住 like 同 subscribe | gei3-zyu6 "like" tung4 "subscribe" | Remember to "like" and "subscribe" |
| Okay，下次見啦 | Okay, haa6 ci3 gin3 laa1 | Okay, see you next time |
| 拜拜 | baai1 baai3 | Bye bye |