

20 CANTONESE MEDICAL PHRASES SHEET

1	Hello, this is Dr. Lee's Medical Center. How may I help you?	你好，呢度係李醫生醫療中心。有咩可以幫到你？	nei5-hou2, ni1-dou6 hai6 lei5 ji1-sang1 ji1-liu4 zung1-sam1。jau5 me1 ho2-ji5 bong1 dou2 nei5 ?
2	Hello, I would like to schedule an annual physical	你好，我想安排一次年檢	nei5 hou2, ngo5 soeng2 ngon1-paai4 jat1-ci3 nin4-gim2
3	No problem. May I have your first and last name, and date of birth?	冇問題。請問你貴姓？同埋你嘅出生日期係咩？	mou5 man6-tai4。cing2-man6 nei5 gwai3-sing3? Tung4-maai4 nei5 ge3 ceot1-sang1 jat6-kei4 hai6 me1 ?
4	My name is Micky Chin, and my date of birth is September 4, 1980	我叫 Micky Chin，我嘅出生日期係 1980 年 9 月 4 號	ngo5 giu3 Micky Chin，ngo5 ge3 ceot1-sang1 jat6-kei4 hai6 jat1-gau2-baat3-ling4 nin4 gau2-jyut6 sei3 hou6
5	Okay, does next week on Thursday at 10 am work for you?	好，下個星期四朝早10點你得唔得？	hou2, haa6-go3 sing1-kei4-sei3 ziu1-zou2 sap6 dim2 nei5 dak1 m4 dak1 ?
6	Yes that works, thank you	可以，唔該嘞	ho2-ji5, m4-goi1 saai3
7	After the physical, my doctor said I have high blood pressure	做完身體檢查，醫生話我有高血壓	zou6 jyun4 san1-tai2 gim2-caa4, ji1-sang1 waa6 ngo5 jau5 gou1 hyut3-aat3
8	My current health issues is hereditary	我而家嘅健康問題係遺傳性嘅	ngo5 ji4-gaa1 ge3 gin6-hong1 man6-tai4 hai6 wai4-cyun4 sing3 ge3
9	My maternal grandmother has gallbladder issues	我婆婆有膽囊問題	ngo5 po4-po2 jau5 daam2-nong4 man6-tai4
10	My (paternal) grandfather has dementia, so he doesn't remember me very well	我爺爺有老人痴呆症，所以佢唔係好記得我	ngo5 je4-je2 jau5 lou5-jan4 ci1-ngo4 zing3, so2-ji5 keoi5 m4-hai6 hou2 gei3-dak1 ngo5
11	My cousins have type 2 diabetes	我啲老表有二型糖尿病	ngo5 di1 lou5-biu2 jau5 ji6 jing4 tong4-niu6-beng6
12	His (paternal) great-grandparents died because of cancer	佢嘅太爺太嫲因為癌症過身	keoi5 ge3 taai3-gung1 taai3-maa4 jan1-wai6 ngaam4-zing3 gwo3-san1
13	Her little brother has asthma	佢細佬有哮喘	keoi5 sai3-lou2 jau5 haa1-cyun2

14	He inherited heart disease from his parents	佢係由父母嗰度遺傳咗心臟病	keoi5 hai6 jau4 fu6-mou5 zo2-dou6 wai4-cyun4 zo2 sam1-zong6-beng6
15	I try to be mindful about my diet and exercise	我盡量留意我嘅飲食同運動	ngo5 zeon6-loeng6 lau4-ji3 ngo5 ge3 jam2-sik6 tung4 wan6-dung6
16	It's important to eat nutritious foods	食有營養嘅食物好重要	sik6 jau5 jing4-joeng5 ge3 sik6-mat6 hou2 zung6-jiu3
17	To stay healthy, I bike every night and do yoga on the weekends	為咗保持健康, 我每晚都會踩單車, 同埋喺週末做瑜伽	wai6 zo2 bou2-ci4 gin6-hong1, ngo5 mui5 maan5 dou1 wui5 jai2 daan1-ce1 , tung4-mai4 hai2 zau1-mut6 zou6 jyu4-gaa1
18	I cut back on fast food and soda	我減少咗食快餐同汽水	ngo5 gaam2-siu2 zo2 sik6 faai3-caan1 tung4 hei3-seoi2
19	I frequently eat vegetables, fruits, and fish	我經常食蔬菜、生果同魚	ngo5 ging1-soeng4 sik6 so1-coi3, saang1-gwo2 tung4 jyu2
20	Good health is one of the greatest assets we have	健康係我哋最大嘅資產之一	gin6-hong1 hai6 ngo5-dei6 zeoi3 daai6 ge3 zi1-caan2 zi1 jat1